



# ASAP NEWS

Happy New Year

## ISSUE 2

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## STARTING STRONG

A new year gives us a fresh chance to hit reset and get clear on what it is we want. Setting simple, realistic goals can help us stay focused, manage stress, and make healthier choices in our day to day lives. As 2026 begins, let's set our intentions and move into the year with a steady, positive mindset.



## FBSS WINS YET AGAIN

Our Faith-Based Support Specialist (FBSS) team had an amazing conference in South Carolina last month! They connected with over 50 attendees, sharing resources, support, and encouragement for building healthier, substance-free communities. We're proud of the impact they're making and excited to see this momentum continue into the new year.

## INVESTING IN YOUTH

ASAP was honored to partner with Jasmine Fells of the FBI Birmingham Field Office for a visit with Anniston Middle School students. Moments like this show the power of our community to come together for the good of our youth. Jasmine had important information to share and we were grateful to be able to facilitate that.